

C603: Sport, Exercise and Physical Activity



Undergraduate BA 2019

Essentials

UCAS code	C603
Degree	BA
Mode of study	Full Time
Duration	3 years
Location	Durham City (www.durham.ac.uk/study/location/durham.city)
A-Level	AAB
BTEC	DDD
International Baccalaureate	36
Alternative qualifications	<ul style="list-style-type: none"> • Other UK qualifications (www.dur.ac.uk/resources/undergraduate/UKequivalencies2017-18.pdf) • EU qualifications (www.dur.ac.uk/resources/undergraduate/apply/EUequivalencies2017-18.pdf) • International qualifications (www.dur.ac.uk/international/country.information/)
Contextual Offers	You may be eligible for an offer which is one or two grades lower than our standard entry requirements. Find out more (www.durham.ac.uk/study/ug/apply/contextualoffers/).
More information	Still have questions? (www.durham.ac.uk/study/askus/)
Department(s) Website	www.durham.ac.uk/sportandexercise

Course Summary

Description

In studying Sport, Exercise and Physical Activity at Durham, you will develop a comprehensive understanding of academic and applied aspects of sport, exercise and physical activity from a multidisciplinary perspective.

Our flexible programme of study is organised around six subject areas: sport and exercise psychology; sport and exercise physiology; sports development and policy; the sociology of sport; physical activity and health; and research methods in sport, exercise and physical activity. Your three years of study at Durham University will also enable you to develop your intellectual capacities and personal qualities as well as to acquire a broad range of practical, professional and employability skills that can be applied to a range of future career paths and further postgraduate studies.

We also offer a number of exciting opportunities for you to take part in community-based sports initiatives such as working with disadvantaged young people in the local region as well as coaching within University projects overseas (for example, Zambia).

Year 1

You will establish a fundamental knowledge and understanding of key concepts and issues relating to selected disciplines within the study of sport, exercise and physical activity through the combination of five compulsory modules and the choice of an open module:

- Introduction to Research
- Introduction to Sport Psychology (www.dur.ac.uk/sass/undergraduate/basport/programme/introsprtpsych)
- Sport, Culture and Society (www.dur.ac.uk/sass/undergraduate/basport/programme/sprtcultandsoc/)
- Introduction to Exercise Physiology (www.dur.ac.uk/sass/undergraduate/basport/programme/introtoexphys)
- Introduction to Physical Activity, Diet and Health
(www.dur.ac.uk/sass/undergraduate/basport/programme/introtophysact)
- Open Module*

*As part of our flexible teaching programme, you have the opportunity across all three years to expand on your own academic interests through choosing to study 'open' modules in other subjects, such as Business, Education, Languages, Criminology and Psychology.

Year 2

You will build on your knowledge and understanding of key concepts and issues in sport and exercise contexts. There is one compulsory module, which allows you to develop your understanding and application of research methods in preparation for your final year research dissertation project. Choices of optional modules then allow you to either begin to specialise in particular sport and exercise disciplines or alternatively maintain the breadth of study experienced in Year 1.

Compulsory modules:

- Researching Sport

Then four optional modules - in the past these have included:

- Sport, Crime and Deviance
- Media, Sport and Society
- Sport and Exercise Physiology
- Psychology of Exercise and Public Health
- Sports Development
- Open module*

*As part of our flexible teaching programme, you have the opportunity to expand on your own academic interests through the study of 'open' modules in other subjects such as, for example, Business, Education, Languages, Criminology and Psychology.

Year 3

You will critically analyse and evaluate more complex issues in relation to selected disciplines within the study of sport, exercise or physical activity. As is the case across the entire programme, modules and option choices in Year 3 are refined on an ongoing basis to reflect developments in industry, employment opportunities and the latest academic research. You will also undertake an in-depth, critical analysis of a chosen topic in sport, exercise or physical activity, through your dissertation (an independent research project).

Compulsory module

- Dissertation in Sport (40 credits)

Then four optional modules - in the past these have included:

- Sport in the Community Placement
- Exercise Programmes for Health and Performance
- Applied Sport Psychology
- Sport Policy in Action
- Nutrition for Sport, Physical Activity and Health
- Advanced Sociological Perspectives on Sport, Exercise and Physical Activity
- Open module*

We review course structures and core content (in light of e.g. external and student feedback) every year, and will publish finalised core requirements for 2019 entry from September 2018.

Placement Year

You may be able to take a work placement. Find out more (www.durham.ac.uk/placements/).

Course Detail

To find out more about the modules available to students studying at Durham University please click here (www.durham.ac.uk/resources/faculty.handbook/degrees/frameworks/c603.pdf).

Please note: Current modules are indicative. Information for future academic years may change, for example, due to developments in the relevant academic field, or in light of student feedback.

Admissions Process

Subject requirements, level and grade

In addition to satisfying the University's general entry requirements, please note:

GCE A level Requirements

- AAB
- We do not accept General Studies or Critical Thinking
- You do not need to have studied a PE or Sports Studies A level to apply.

BTEC Qualifications

We welcome applications from students studying BTEC qualifications. If you are studying for a BTEC Level 3 National Extended Diploma our entry requirement is DDD, preferably in a Sport related discipline. We also welcome applications from students studying qualifications from different qualification types, for example, BTEC and A levels, and are happy to provide advice and guidance on whether a particular combination is suitable.

International Baccalaureate Requirements

- Acceptable on its own, or combined with other qualifications
- Typical IB score 36 to include 665 in higher level subjects. Standard level subject requirements apply, see above

Other Qualifications

- We welcome students with other post-16 qualifications equivalent to our standard entry requirements
- We welcome applications from mature students and from candidates with non-standard qualifications. Every application will be considered on its own merits. Lack of formal qualifications need not be an obstacle to entry.
- For those with non-traditional qualifications who may need further preparation to enter an undergraduate programme, Durham University offers a Foundation Programme, which provides a route onto our BA Sport, Exercise and Physical Activity degree.
- If you are an international student who does not meet the requirements for direct entry to this degree, you may be eligible to take an International Foundation Year pathway programme at the Durham University International Study Centre

(www.durhamisc.com/?ch=uniweb&cc=signposting&cid=uniweb&utm_source=signposting&utm_medium=signposting&utm_campaign=uni)

English Language requirements

Please check requirements for your subject and level of study (www.durham.ac.uk/learningandteaching.handbook/1/3/3/)

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How to apply

www.durham.ac.uk/undergraduate/apply

Information relevant to your country

www.durham.ac.uk/international/country.information/

Fees and Funding

Full Time Fees

EU Student	£9,250.00 per year
Home Student	£9,250.00 per year
Island Student	£9,250.00 per year
International non-EU Student	£19,250.00 per year

The tuition fees shown for **home and EU** students are for one complete academic year of full time study and are set according to the academic year of entry. Fees for subsequent years of your course may rise in line with an inflationary uplift as determined by the government.

The tuition fees shown for **overseas** students are for one complete academic year of full time study, are set according to the academic year of entry, and remain the same throughout the duration of the programme for that cohort (**unless otherwise stated**).

Please also check costs for colleges and accommodation (www.durham.ac.uk/undergraduate/accommodation/costs/).

Scholarships and funding

www.durham.ac.uk/undergraduate/finance

Career Opportunities

Sport

Further details on career opportunities can be found here: <https://www.durham.ac.uk/study/ug/employability>

Open days and visits

Pre-application open day

Pre-application open days are the best way to discover all you need to know about Durham University. With representatives from all relevant academic and support service departments, and opportunities to explore college options, the open days provide our prospective undergraduates with the full experience of Durham University.

Please see the following page for further details and information on how to book a place:
www.durham.ac.uk/opendays

Discover Durham Tours

Discover Durham tours offer a brief introduction to the University. The tour begins at one of our undergraduate colleges, where you will receive an introductory talk from a member of college staff, followed by a tour of the college by current students.

www.durham.ac.uk/undergraduate/live/visit/discoverdurham

Overseas Visit Schedule

www.durham.ac.uk/international/office/meetus

Department Information

Sport

Overview

Durham University is an outstanding place to study Sport and Exercise Sciences, as well as offering exceptional opportunities for participation and excellence in sport.

Sport degrees have been taught for over 20 years at Durham, and have gained a well-deserved reputation for excellence that is represented in consistently high rankings in subject league tables.

Study a broad range of topics across the spectrum from grassroots to elite sport, and also across the varied connections between sport and issues such as obesity, crime and inequality. The flexibility that is distinctive to our degrees also enables you to choose from a range of optional modules at every level, so you can tailor your studies according to your own interests and career aspirations.

Rankings

- 91% of our Sport, Exercise and Physical Activity students said they were satisfied with the quality of their course in the National Student Survey 2017 (sector-wide average 84%)
- 5th in *The Complete University Guide 2018*
- 8th in *The Times and Sunday Times Good University Guide 2018*.

Staff

For a current list of staff, please see the School of Applied Social Sciences web pages (www.dur.ac.uk/sass/).

Facilities

We have excellent teaching facilities at Durham, including a dedicated Human Performance Laboratory.

Our superb sporting facilities include:

- 60 acres of beautiful and well-maintained playing fields which cater for rugby (union and league), soccer, lacrosse, football and cricket
- A purpose-built sports centre with a 50-station fitness suite, high performance weight room, sports hall, squash courts, tennis courts, netball courts and athletics track
- Indoor rowing tank
- Purpose-built dedicated fencing salle
- Dedicated rowing ergo gallery
- Performance analysis suite
- Purpose-built sports medicine/physiotherapy treatment rooms
- Artificial turf pitch with floodlights: sand-dressed
- Artificial turf pitch with floodlights: water-based
- Two artificial turf pitches with floodlights: rubber crumb

- Two county-standard cricket squares
- International standard cross country course
- Excellent river rowing facilities including new purpose-built boat houses on Wear, Tees and Tyne
- Access to swimming and artificial skiing nearby
- Biomedical science and sports fitness facilities.

The widest possible range of sporting opportunities for high performance, recreational participation, coaching and officiating, as well as involvement in community outreach programmes, are offered by a well-managed Athletic Union, 'Team Durham'.

Team Durham also offers an Elite Athlete Support Programme and also scholarships. For further information visit: www.teamdurham.com/universitysport/scholarships

Website

www.durham.ac.uk/sportandexercise

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