

## **Durham University Nursery Menus**

Inspiring the extraordinary

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Toast & spread	Fresh fruit	Tea cakes	Houmous & veg sticks	Cream cracker & spread
					Babies—rice cakes
Snowdrops alternative:					/
* babies will have yoghurt or fruit puree for pudding each day					
	Starter:	Main:	Main:	Starter:	Main:
Lunch	Cheesy garlic bread	Beef mince chilli con carne & brown rice  Vegetarian option—	Turkey, roast potatoes, yorkshire pudding, swede, carrots & gravy	Mini cheese scone with butter	Fish in a vegetable sauce, mash potatoes and peas  Vegetarian option-
	<b>Main:</b> Bacon & leek pasta & peas	Vegetable chilli con carne  Pudding:		Main:  Lamb morrocon tagine, cous  cous & broccoli	Quorn in a vegetable sauce
	Vegetarian option - Creamy leek Quorn pasta	Cornflake tart & custard	Vegetarian option  Quorn fillet dinner	Vegetarian option -	Pudding: Fruit of the forest crumble
			<b>Pudding:</b> Fruit	Lentil morrocon tagine	& custard
	Main:	Main:	Main:	Main:	Main:
Tea	Sweet potato wedges with smoked paprika mayonnaise	Tuna wraps	Macaroni cheese	Toasted crumpets & butter	Curried chicken pitta
	Pudding:  Banana loaf	Vegetarian option -  Cheese wraps	MATE MATERIAL MATERIA	Pudaing:	Vegetarian option - Curried Quorn pitta
	Buriaria roay	Pudding:	Pudding:  Apple flapjack	Chocolate cookie	Pudding:
		Peach fool			Fresh fruit
Cereals	containing gluten Soya	Peach fool  Celery Milk	Eags Fish Nuts	Mustard Sesame	Fresh fr



























Sulphur dioxide or sulphite's



Crustaceans



\*\* PLEASE NOTE\*\* To meet the needs of children with allergies and dietary needs, a suitable alternative will be offered.