








































Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Cream crackers & spread 	Vegetable sticks	Toasted English Muffin  	Fresh fruit	Yoghurt 
Snowdrops alternative: * babies will have yoghurt or fruit puree for pudding each day	Rice cakes				
Lunch	Main: Poached fish, mixed herbs, white sauce, boiled baby potatoes & peas   Vegetarian option - Quorn fillet & white sauce Pudding Ice cream  	Starter: Cheese straws twisted     Main: Turkey goulash, sweet mash potato & roasted vegetable Vegetarian option - Lentil goulash 	Main: Pork sausage in onion gravy, mash potatoes, sweetcorn & broccoli   Vegetarian option - Quorn Sausage Pudding: Apple pie & custard  	Starter: Garlic bread   Main: Turkey Italian meatballs in tomato vegetable sauce & brown pasta Vegetarian option - Vegan meatballs  	Main: Mince beef diner, yorkshire pudding, mashed potato, broccoli, carrots & gravy    Vegetarian option - Vegan mince dinner Pudding: Carrot cake  
Tea	Main: Beans on toast   Pudding: Fresh fruit	Main: Cheesy ham stuffed jacket potatoes  Vegetarian option - Cheesy stuffed jacket potatoes  Pudding: Yoghurt  	Main: Vegetable soup Pudding: Chocolate brownie 	Main: Mackerel on toast   Vegetarian option - Cheese on toast Pudding: Cherry flapjack 	Main: Toasted tea cake spread   Pudding: Oat biscuit 



Cereals containing gluten



Soya



Celery



Milk



Eggs



Fish



Nuts



Mustard



Sesame



Lupin



Sulphur dioxide or sulphite's



Mollusc



Crustaceans



Peanuts

**** PLEASE NOTE**** To meet the needs of children with allergies and dietary needs, a suitable alternative will be offered.