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Regions of the USA

The US is HUGE! It takes about 45 hours to drive from Los Angeles to New York City

West

 Washington, Oregon, Idaho, Montana, Wyoming, Colorado, Utah, Nevada, California, Alaska, and Hawaii

Midwest

North Dakota, South Dakota, Nebraska, Kansas, Minnesota, Iowa, Missouri, Illinois,
 Wisconsin, Indiana, Michigan, and Ohio

Southwest

Arizona, New Mexico, Texas, and Oklahoma

Southeast

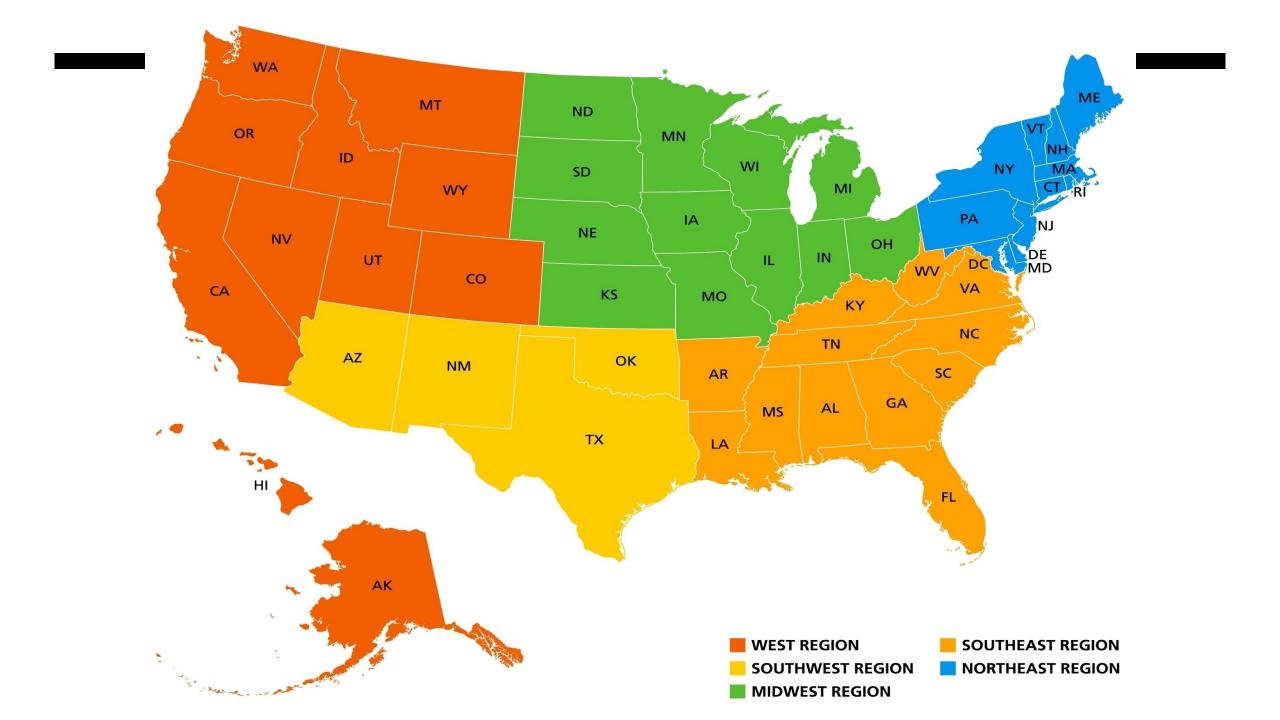
 Arkansas, Louisiana, Mississippi, Alabama, Kentucky, Tennessee, Georgia, North Carolina, South Carolina, Virginia, West Verginia, and Florida

Northeast

Pennsylvania, Maryland, District of Columbia, Delaware, New York, Connecticut, Massachusetts, Rhode Island, Vermont, New Hampshire, and Maine







Indiana- University of Notre Dame

- Capitol city is Indianapolis (about a 3/3.5 hour drive from South Bend)
- Midwest
- South Bend is only about an hour and a half drive from Chicago
- Close to Lake Michigan. Lake Michigan is the only Great Lake located fully in the United States; the other four are shared between the U.S. and Canada. Lake Michigan is the largest Lake in the world located fully in one country
- o Indiana is the 38th-largest state by area and the 17th-most populus state in the US
- Things to do in South Bend
 - Studebaker National Museum- displays automobiles, wagons, carriages, etc.
 - Four Winds Field at Coveleski Stadium- minor-league baseball stadium
 - Compton Family Ice Arena- hockey arena
 - Warren Dunes State Park- located on the shores of Lake Michigan
 - Potawatomi Zoo





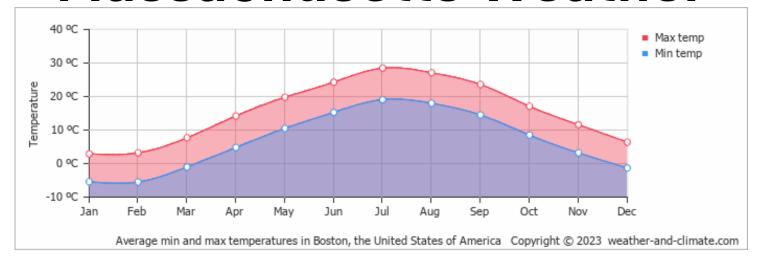
Massachusetts- Boston College



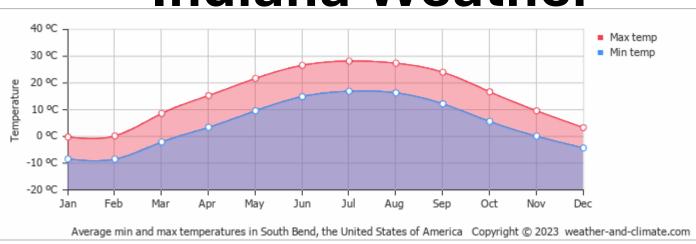


- o Capitol city is Boston
- Northeast
- Boston is about a 5-hour drive to New York City
- With an estimated population of over 7.1
 million, Massachusetts is the most populous state in New
 England, the 16th- more populus in the United States, and
 the third most densely-populated US state
- Things to do in Boston
 - Isabella Stewart Gardner Museum
 - Boston Common- oldest park in the US
 - Public Garden
 - Boston Tea Party Ships & Museum
 - Fenway Park- baseball field
 - North End- Neighborhood with Italian influence

Massachusetts Weather



Indiana Weather



Cost of Living- Payscale.com

South Bend

- South Bend's cost of living is 10% lower than the national average
- South Bend's housing expenses are 18% lower than the national average and the utility prices are 8% lower than the national average.
 Transportation expenses like bus fares and gas prices are 4% lower than the national average.
- Median Rent= \$1,271/month
- Energy Bill= \$190/month
- Gas= \$3.11/gallon
- Groceries= \$691/month



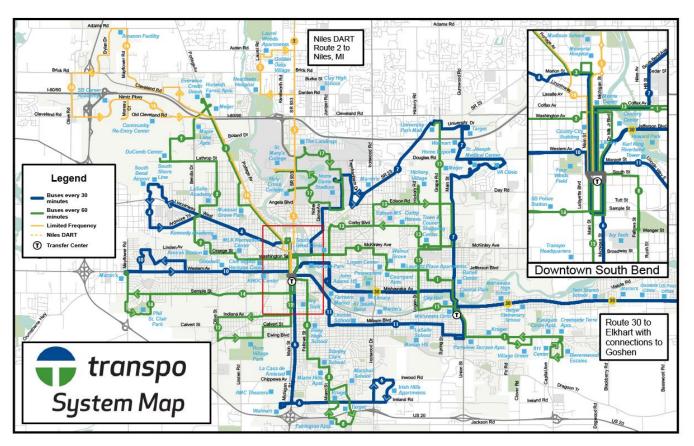
Boston

- Boston's cost of living is 46% higher than the national average
- Boston's housing expenses are 119% higher than the national average and the utility prices are 52% higher than the national average. Transportation expenses like bus fares and gas prices are 8% higher than the national average.
- Median Rent= \$3,406/month
- Energy Bill= \$315/month
- Gas= \$3.51/gallon
- Groceries = \$719/month



Public Transportation

South Bend



Boston



US Campus Culture

- University sports are HUGE in the USA with many of them offering student discounted tickets. Many students will go to games during the week and on the weekends as social activities.
- It's common for US students to get involved in clubs and sports as social activities on campus
- University students will typically live in dorms their first year, and then more into an apartment their last 3 years of college. However, it may be common at some universities for students to live in dorms during their entire undergraduate degree.
- In the US there are many assessments throughout the year for a percentage of your grade which gives you an overall GPA in the class at the end of the semester. You may have weekly homework assignments worth 15% of your grade, weekly quizzes worth 15% of your grade, essays worth 20% of your grade, and tests worth 50% of your grade.
- In the US, you might have a huge lecture hall with 300-500 students, and the TA may be teaching a majority of the class.
- Students will typically have majors and minors within completely different subject areas. You also have many more
 electives to choose from that are un-related to your "major", like a PE class or introduction to Psychology. US
 students also have to complete "Gen Eds" which are classes that all students of any major complete along with their
 major-specific classes.

USA Federal Holidays

- Martin Luther King Jr. Day- Third Monday in January
- Memorial Day- Last Monday in May
- o Juneteenth-June 19th
- o Independence Day- July 4th
- Labor Day- First Monday in September
- Columbus Day (Indigenous Peoples Day) Second Monday in October
- Veterans Day- November 11th
- Thanksgiving Day- Fourth Thursday in November







Personal Experience Studying in the USA

- I went to Louisiana State University where greek life is a big part of the campus culture
- My major was General Business with a minor in Spanish
- **Activities**: I was a part of a sorority (ZTA), I was secretary of Spanish Club, and I worked in my university's Study Abroad Office







