

## Spiritual Direction (TMM45520)

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Module Level:	7
Module Credit Value:	20
Pre-requisites:	None
Co-requisites:	None
Excluded Combination of Modules:	None
Aims:	<p>To enable students to develop a critical understanding of some of the major historical strands in Christian Spiritual Direction;</p> <p>To enable students to develop sound judgement and informed critical good practice in a relationship of spiritual direction, with awareness of the issues of projection and abuse of power;</p> <p>To enable students to develop critical understanding of models of practice in supervision;</p> <p>To enable students to become self-aware and self-critical in the evaluation of their practice</p>
Content:	<p>In-depth exploration of various approaches to spiritual direction, informed by classic Christian and alternative models of spirituality'</p> <p>In-depth exploration of models of faith development</p> <p>Management of self in both direction, as a directee and a director, and in supervision;</p> <p>The development of contracting and reviewing a relationship of spiritual direction;</p> <p>The place of reflective practice in spiritual direction</p> <p>Handling the issues of the student's own spiritual development;</p> <p>Development of high quality non-judgemental listening skills;</p> <p>An in depth understanding of and practice in holding boundaries;</p> <p>A critical awareness of theological attitudes as they impact on images of God, and the practice of prayer, worship and mission.</p>
Learning Outcomes:	<p>By the end of this module students will be able to</p> <p><i>Subject Knowledge</i> [SSK 1, 3]</p> <p>Demonstrate a systematic understanding and depth of knowledge of approaches to spiritual direction that is informed by research and original thinking at the current boundaries of the subject.</p> <p>Demonstrate a critical and well-resourced understanding of the issues that arise in a relationship between a director and directee, including projection, power issues.</p>

Demonstrate a critical understanding of how different theological attitudes and personality styles impact on the practice of prayer and understandings of God.

*Subject-Specific Skills* [SSS 2, 3]

Develop, evaluate and practice Christian spiritual direction.

Reflect theologically in a sophisticated and rigorous manner, exercising sound judgement, on the practice and cultural assumptions about spiritual direction.

Develop high level capacity for empathy and reflective enquiry.

*Key Skills* [KS 1, 4]

Carry out systematic and creative research into particular forms of Christian spirituality and discipline in relation and communicate their findings accurately.

Recognise key issues in their own personal and professional development.

Modes of Teaching and Learning	Teaching methods to be specified by each TEI, using the 'Guidelines for Modes of Teaching and Learning'.
Learning Hours	Learning hours to be specified by each TEI using the 'Guidelines for Learning Hours'.
Formative Assessment	Formative assessment to be specified by each TEI in line with the published guidelines on formative assessment.
Summative Assessment	Summative assessment to be specified by each TEI using the published guidance on assessment patterns for postgraduate modules.
Indicative Reading	Indicative reading to be specified by each TEI in line with the published guidelines on creating bibliographies for postgraduate modules.