

Introduction to Spirituality and Discipleship (TMM1517)

Module Level:	4
Module Credit Value:	10
Pre-requisites:	None
Co-requisites:	None
Excluded Combination of Modules:	TMM1521 - Spirituality and Discipleship TMM1551 - Growing Together in Christ: Worship and Spirituality
Aims:	<p>To enable students to explore and experience selected approaches to the Christian life of discipleship and prayer.</p> <p>To enable students to use this knowledge and understanding to reflect upon their personal life of prayer through self-awareness, practical activities and disciplines.</p> <p>To encourage students to become attentive listeners of the world, of others, of oneself and of God.</p>
Content:	<p>Survey of practices of private and corporate prayer in relation to their historical, ecclesial and contemporary contexts.</p> <p>Selected scriptural and doctrinal sources for Christian prayer and spirituality.</p> <p>Practical work in the development of self-understanding and spiritual discernment and practice, through, for example, the formation or development of a 'rule of life', the keeping of a prayer diary, and the writing of a reflection on these areas.</p>

Learning Outcomes: By the end of this module students will be able to:

Subject Knowledge [SSK 3]

Discuss knowledgeably specific examples of approaches to prayer within Christian spirituality, and the questions to which they give rise.

Explore and evaluate how personal and corporate practices of spirituality contribute to the growth of the human person in Christ.

Subject Skills [SSS 3]

Reflect theologically on personal spiritual development and practice of prayer as a way of participating in the body of Christ and the mission of God, with reference to at least one approach to prayer encountered in the module.

Key Skills [KS 1, 2, 3, 4]

Identify, gather and evaluate source materials for a specific purpose.

Evaluate the appropriateness of different approaches, communicating their findings sensitively and respectfully, showing self-awareness about their own beliefs, commitments and prejudices.

Carry out a guided task that involves: independent inquiry; management of time and resources; using IT; meeting deadlines; evaluating the task and learning from it.

Recognise key issues in their own personal and professional development.

Modes of Teaching and Learning: Teaching methods to be specified by each TEI, using the 'Guidelines for Modes of Teaching and Learning'.

Learning Hours: Learning hours to be specified by each TEI using the 'Guidelines for Learning Hours'.

Formative Assessment: Formative assessment to be specified by each TEI in line with the published guidelines on formative assessment.

Summative Assessment: Summative assessment to be specified by each TEI using the published guidance on assessment patterns for undergraduate modules.

Indicative Reading: Indicative reading to be specified by each TEI in line with the published guidelines on creating bibliographies for undergraduate modules.